

Information for people using this medication

Brand name

BETAHISTINE MESILATE TABLETS 6mg "TOWA"

[TOWA PHARMACEUTICAL CO., LTD.](https://www.towa-pharm.co.jp/)

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

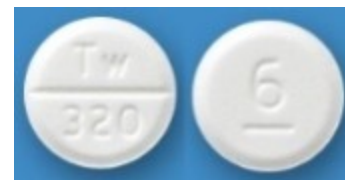
Internal

Published: 06/2022

Active ingredient: Betahistine mesilate

Dosage form: white tablet with split line (diameter: 8.0 mm, thickness: 2.8 mm)

Imprint or print on wrapping: ベタヒスチンメシル酸塩6mg「トローワ」, Betahistine Mesilate 6, Tw320, めまいを改善する薬



Effects of this medicine

This medicine relieves vertigo by increasing blood flow in inner ear.

It is usually used to lessen dizziness or feeling of dizziness associated with Meniere's disease/syndrome or vertigo.

The following patients may need to be careful when using this medicine. Be sure to tell your doctor and pharmacist.

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines or foods.
If you are a patient with gastric ulcer, duodenal ulcer, bronchial asthma.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is ((to be written by a healthcare professional))
- In general, for adults, take 1 to 2 tablets (6 to 12 mg of the active ingredient) at a time, 3 times a day after meals. The dosage may be adjusted according to your age and symptoms.
- If you miss a dose, take the missed dose as soon as possible. If it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. You should not never take two doses at one time.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.



Precautions while taking this medicine

For healthcare professional use only



Possible adverse reactions to this medicine

The most commonly reported adverse reactions include rash, nausea and vomiting. If any of these symptoms occur, consult with your doctor or pharmacist.

The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated [in brackets](#) . If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

- No pertinent entries.

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.



Storage conditions and other information

- Keep out the reach of children. Store away from direct sunlight, heat and moisture.
 - Discard the remainder. Do not store them. If you do not know how to dispose of it, please consult the pharmacy or medical institution where you received it. Please do not give it to others.
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Day Month Year

For further information, talk to your doctor or pharmacist.