

This leaflet is important. It will tell you what you need to know about . . .

Movelat[®]

Relief

Gel

WHAT IS Movelat Relief Gel?

Movelat Relief Gel contains 0.2% of the anti-inflammatory and analgesic drug mucopolysaccharide polysulphate (MPS) together with 2.0% w/w of the absorption-enhancing agent salicylic acid in a colourless gel base.



Movelat Relief Gel also contains the following inactive ingredients: Carbomer, disodium edetate, isopropyl alcohol, polyethylene glyceryl mono-oleate, rosemary oil, monoethanolamine, water.

Movelat Relief Gel is manufactured by Sankyo Pharma GmbH, D-85276 Pfaffenhofen, Germany on behalf of the Product Licence holders, Genus Pharmaceuticals, Benham Valence, Newbury, Berkshire RG20 8LU, United Kingdom. Movelat Relief Gel is available in packs of 40 g and 80 g.

WHAT IS Movelat Relief Gel USED FOR?

Movelat Relief Gel is a mild to moderate anti-inflammatory and analgesic (pain-relieving) preparation which, when applied to the skin, provides relief from muscular pain and stiffness, sprains and strains, and pain due to rheumatic and non-serious arthritic conditions.

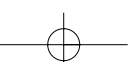


USING Movelat Relief Gel SAFELY

- ▶ Have you ever had an allergic reaction (for example a rash or wheezing) to mucopolysaccharide polysulphate, salicylic acid (or any other aspirin-like drugs) or other related painkillers known as non-steroidal anti-inflammatory drugs (NSAIDS), including when taken by mouth?
- ▶ Do you suffer from asthma?
- ▶ Are you pregnant or breast-feeding?
- ▶ Are you taking any coumarin anti-coagulants (medicines for thinning the blood), or any prescribed medicines?

If the answer to any of these questions is YES, or if you are unsure, speak to your Pharmacist or Doctor BEFORE using Movelat Relief Gel.

- ▶ Movelat Relief Gel must not be used on children under 12 years of age.
- ▶ This gel is FOR EXTERNAL USE ONLY.
- ▶ This gel must not be swallowed or used on, or near, sensitive areas such as the mouth, eyes or ano-genital region.



- ▶ This gel must not be applied to broken skin (e.g. cuts or grazes).
- ▶ Do not use Movelat Relief Gel on large areas of skin (e.g. the whole of the back).
- ▶ Do not exceed the recommended dose.
- ▶ Some people may experience discomfort, particularly those with sensitive skin or if used in hot weather or after a bath.
- ▶ If, after using Movelat Relief Gel, your symptoms persist or worsen, you should consult your Doctor.

USING Movelat Relief Gel

Follow the advice of your Pharmacist or Doctor when using Movelat Relief Gel.

Before use, pierce the tube seal.

Push and turn the spiked end of the cap firmly into the nozzle until you hear a click.

The amount of Movelat Relief Gel you should use will depend on the size of the area being treated.

Between 2 and 6 inches (5-15 cm) should be gently massaged into the area at any one time.

You can apply Movelat Relief Cream up to four times a day.

Remember to wash your hands immediately after applying the gel, unless this is the area being treated.

Although if you accidentally swallow some Movelat Relief Gel it is unlikely to be serious, you should contact a Doctor or hospital casualty department.

AFTER USING Movelat Relief Gel

This gel does not usually cause unwanted effects. However, like all medicines, Movelat Relief Gel can cause problems in some people.

Movelat Relief Gel may, rarely, cause redness, burning sensation or a rash in sensitive individuals. If this occurs, STOP using the gel and tell your Pharmacist or Doctor.

Tell your Pharmacist or Doctor if you notice any other unwanted effect.

STORING Movelat Relief Gel

Like all medicines, Movelat Relief Gel should be kept in a cool place (below 25°C), out of the reach and sight of children.

Do not use the gel after the expiry date indicated.

Return any unused Movelat Relief Gel to your Pharmacist for safe disposal.

If, having read this leaflet, you have any questions or are unsure about anything, please ask your Pharmacist or Doctor.

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